

## PGY-1

### 01. Motivational Interviewing

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Discuss therapeutic rationale behind Motivational Interviewing
- Demonstrate mastery of basic MI techniques

### 02. Family/Marital Therapy

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Use Family/Marital Therapy to assist patients in acute distress
- Understand the basic principles of Family/Marital Therapy.

### 03. Psychiatric Practice

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Understands impact of fatigue on patient care - PRO2
- Recognizes and discuss management of impaired physicians - PRO2
- History of psychiatry - ACGME IV.A.5.b
- Can identify and manage possible problems in balancing demands or professional life, academic responsibilities, family, and personal life - PRO2
- Can discuss importance of working with professional communities - PRO2

### 04. Basics of Psychotherapy I

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Managing the doctor-patient relationship - ACGME IV.A.5.b
- Can understand and manage adverse responses to patients among members of the medical team - ICS1
- Can identify patients emotions and core conflicts - PC4
- Discuss basic professional boundaries in the psychotherapy relationship - PC4
- Provide empathic, non-judgmental interviewing including viewing videotapes of interviews

### 05. Psychiatric Interviews and Evaluations

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Utilize appropriate laboratory testing to diagnosis psychiatric illnesses - PC1
- Use, reliability, and validity of diagnostic techniques such as interview, imaging, psychological, and neuropsychological testing - ACGME IV.A.5.b
- Identify major risk factors for harm to self or others - MK2
- Know indications for and limitations of psychological and neuropsychological testing - MK3
- Discuss indications and uses of psychological testing - ACGME IV.A.5.b
- Demonstrate the basic components of a comprehensive psychiatric evaluation - PC1
- Demonstrate the basic components of a comprehensive mental status examination - PC1

### 06. Psychiatric Diagnosis and Treatment Planning

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Discuss the epidemiology, etiology, diagnostic criteria, presentations, and prognosis of psychiatric illness - ACGME IV.A.5.a; MK2
- Determine appropriate level of care based on the patient's condition and presentation - MK2
- Develop biopsychosocial case formulations - ACGME IV.A.5.b; MK1

## 07. Psychopharmacology I

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Utilizes appropriate laboratory testing to initiate and manage psychotropic medications - MK2
- Discuss the basic pharmacology of psychotropic medications - ACGME IV.A.5.a; PC5
- Develop an understanding of which psychotropic medications are appropriate for specific mental illnesses - PC5; MK2
- Discuss expected time course for responding to psychotropics - MK5
- Discuss current understanding of the mechanism of action of psychotropic medications - MK5
- Demonstrate awareness of the frequent and serious side effects for psychotropic medications - MK5

## 08. Ethics/Forensics I

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Recognize and discuss ethical conflicts in clinical practice - PRO1
- Discuss basic principles that lead to resolutions of ethical conflicts - PRO1
- Discuss indications and procedures for involuntary hospitalizations and forced medications - MK2, PRO1, MK6
- Understand state regulations about mandatory reporting (e.g. child abuse, impaired providers) - MK6
- Discuss basic legal issues that arise in residency training and practice and facilitates appropriate decision-making (malpractice and other forms of liability, sexual boundaries in the therapist- patient relationship, law and the impaired physician).

## 09. Neurology for Psychiatrists

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Discuss normal and abnormal neural development across the life cycle - MK1
- Discuss neurological conditions seen in psychiatric patients - MK3
- Be aware of the indications for and limitations of neuroimaging studies - MK3
- Diagnosis and management of neurological illness commonly encountered in psychiatric practice - ACGME IV.A.5.b; MK2

## 10. Emergency Psychiatry

Required PGY-1

Objectives: By the end of this seminar the resident will be:

- Familiar with on-call responsibilities
- Able to evaluate common psychiatric emergencies
- Performing risk and safety evaluations

## 11. Geriatric Psychiatry

Required PGY-1

Objectives: By the end of this seminar the resident will be able to:

- Prescribe psychotropic medications in elderly populations - PC5; MK5
- Identify manifestations of psychiatric illness in elderly populations - PC1, PC2, MK1, MK2
- Discuss the identification, evaluation and management of dementia - PC1, PC2, MK1, MK2

## PGY-2

### 12. Consultation and Liaison Psychiatry

Required PGY-2

Objectives: By the end of this seminar the resident will be able to:

- Identify medical Conditions that affect psychological health - ACGME IV.A.5.b
- Identify and manage medical conditions which may mimic or exacerbate psychiatric illnesses - MK2
- Manage psychiatric illness in patients with significant medical illnesses - MK2; MK5
- Provide effective written reports to consulting providers
- Act as liaisons with members of the medical team

### 13. Child and Adolescent Psychiatry

Required PGY-2

Objectives: By the end of this seminar the resident will be able to:

- Discuss psychiatric evaluation and diagnoses of children and adolescents - PC1, PC2, MK1, MK2
- Discuss management of psychiatric illness in children and adolescents - PC5; MK5

### 14 Practice Based Psychiatry I

Required PGY-2

Objectives: By the end of this seminar the resident will be able to:

- Learn principles of Evidence-Based Medicine useful in evaluating the medical literature - ACGME IV.A.3
- Understand processes for identifying system-based errors - ACGME IV.A.5.f
- How to use quality improvement methods to improve practice - ACGME IV.A.5.c
- Can effectively use information technology to assist in practicing evidence based medicine - PBL1; SBP3
- Can discuss purpose and conduct of root cause analyses looking into medical errors - SBP1
- Can discuss common system causes of medical error - SBP1
- Can describe the steps in developing and evaluating a Quality Improvement project - PBL2
- Can critically appraise different types of research and literature - PBL1
- Awareness of the basic principles of evidence based medicine (e.g. levels of evidence) - PBL1
- Formulate a clinical question, conduct a literature search, perform a critical appraisal of an article, and present their analysis in oral and written form to the rest of the class.

### 15. Culture in Psychiatry

Required PGY-2

Objectives: By the end of this seminar the resident will be able to:

- Understands how their cultural background may impact patient care (e.g. doctor-patient relationship, acceptable behaviors) - PRO1
- Understands how diverse beliefs and values might impact patient care - PRO1
- Understands how cultural factors may affect presentation of psychiatric symptoms - ACGME IV.A.5.b
- Discuss American culture and subcultures (including religious backgrounds) and their impact on presentation and management of mental illness - ACGME IV.A.5.b

### 16. Supportive Therapy

Required PGY-2

Objectives: By the end of this seminar the resident will be able to:

- Discuss and demonstrate basic concepts and techniques of Supportive Psychotherapy - ACGME IV.A.5.a; MK4
- Apply Supportive Therapy to inpatient and C&L populations - ACGME IV.A.5.a; MK4

## 17. Residents as Teachers I

Required PGY-1-2

Objectives: By the end of this seminar the resident will:

- Understand strengths and limitations of multiple teaching styles (e.g. didactics, discussion, experiential) - PBL3
- Can organize content and match method to learning objectives - PBL3
- Learn how to educate patients, their families, their peers - ACGME IV.A.5.c
- Can evaluate students performance and give formative feedback - PBL3
- Can create and monitor learning objectives for students on clinical rotations - PBL3

## 18. Cognitive Behavior Therapy

Required PGY-2

Objectives: By the end of this seminar the resident will:

- Know and be able to effectively use the basic concepts and techniques of Cognitive Behavior Therapy - ACGME IV.A.5.a; MK4

## 19. Personality Disorders

Required PGY-2

Objectives: By the end of this seminar the resident will:

- Discuss the diagnostic criteria, epidemiology, neurobiology and treatment of personality disorders

## 20. Psychological Testing

Required PGY-2

Objectives: By the end of this seminar the resident will:

- Understand the value of and indications for psychological testing and neuropsychological testing

## 21. Palliative Care and End of Life Psychiatry

Required PGY-2

Objectives: By the end of this seminar the resident will:

- Understand the issues patients face in dealing with chronic pain
- Discuss opiate and non-opiate pharmacology of chronic pain
- Understand the relative risk of addiction in these populations
- Display comfort in addressing issues involved in the end of life

## 22. Research Methods

Required PGY-2

Objectives: By the end of this seminar the resident will be able to:

- Discuss basic principles of research including experimental design, critically appraising the relevant literature, and data gathering and analysis.

## 23. Differential Diagnosis and Formulations

Required PGY-2

Objectives: By the end of this seminar the resident will be able to

- Discuss and defend a differential diagnosis
- Develop and present a comprehensive biopsychosocial diagnosis

## PGY 3

### 24. Basics of Psychotherapy II

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Discuss basic concepts of Interpersonal Psychotherapy and Grief Counseling
- Can identify and manage simple patient/family conflicts - ICS1
- Can discuss proposed mechanisms of change with differing psychotherapeutic approaches - MK4
- Able to discuss indications for and differences among Psychodynamic, Supportive, and Cognitive-Behavior Therapy - MK4

### 25. Neurobiology of Psychiatry

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Identifies regions of the brain thought to be involved in social and emotional behavior - MK3
- Can discuss current theories regarding the neurobiological and genetic basis of psychiatric conditions - MK3

### 26. Normal Human Development

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Prevention and/or treatment of psychiatric illness across lifespan - ACGME IV.A.5.b; MK2
- Normal and abnormal Biopsychosociospiritual development - ACGME IV.A.5.b; MK1
- Impact of psychosocial factors on personality development - MK1
- Appreciates the impact of abuse on normal development - MK1

### 27. Practice Based Psychiatry II

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Can discuss common responses of other medical team members to changes in clinical operation and strategies for managing them - PBL2
- Can discuss and evaluate their clinical practice in light of the literature, measured outcomes, and their clinical experience - PBL1

### 28. Psychodynamic Theory

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Discuss basic concepts and techniques of Psychodynamic Psychotherapy - ACGME IV.A.5.a; MK4
- Demonstrate mastery of psychodynamic psychotherapy techniques

### 29. Psychopharmacology II

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Utilizes Clinical Practice Guidelines or treatment algorithms in selecting psychotropic medications - MK5
- Can integrate titration, side effect management and laboratory monitoring of multiple psychotropic medications - MK5
- Can discuss indications for and uses of electroconvulsive therapy and other non-medication interventions (e.g. DBS, TMS) - ACGME IV.A.5.b
- Can discuss basic techniques for ECT - MK5
- Can appropriately prescribed augmentation and/or combination for treatment resistant mental illness - PC5;

MK2; MK5

- Aware of the literature and risks regarding the use of multiple psychotropic medications - MK5

### **30. Public Psychiatry**

Required PGY-3

Objectives: By the end of this seminar the resident will be:

- Informed of the relative cost of medical care - SBP2
- Informed of community and system resources - SBP2
- Awareness of the role and importance of self-help groups - SBP3
- Awareness of the role and importance of rehabilitation programs and the recovery model - SBP3

### 31. Telepsychiatry

Required PGY-3

Objectives: By the end of this seminar the resident will be:

- An introduction to the principles of effective telepsychiatry with hands-on telepsychiatry training provided.

### 32. Group Therapy

Required PGY-3

Objectives: By the end of this seminar the resident will be able to:

- Discuss the basic concepts of psychoeducational group therapy
- Demonstrate mastery of the basic concepts of interpersonal group

## PGY-4

### 33. Ethics/Forensics II

Required PGY-4

Objectives: By the end of this seminar the resident will be able to:

- Legal aspects of psychiatric practice including when and how to refer patients to other providers - ACGME IV.A.5.b, MK6
- Understands regulations on billing and reimbursement - MK6
- Understands ethics of research with human subjects - MK6
- Discuss common ethical conflicts found in psychiatric practice
- Discuss issues such as documentation standards, standard of care guidelines, and giving a deposition and/or testimony as a fact witness.

### 34. Residents as Teachers II

Required PGY-4

Objectives: By the end of this seminar the resident will be able to:

- Prepare presentations for junior residents and peers

### 35. Transition to Practice

Required PGY-4

Objectives: By the end of this seminar the resident will be able to:

- Discuss differences among different style of psychiatric practice including:
  - Public Psychiatry, Federal Psychiatry, Private Practice, Academic Psychiatry