

## **EHeat**

- [Resilience Toolkit](#) - Mini PDF library in English and Spanish that includes tip sheets and action plans from AmeriCares
- [Heat.gov](#)
  - [Who Heat Most Effects](#)
  - [Tools and Information](#) - Vulnerability mapping, dashboarding, etc.
  - [How to Prepare](#) - information on homes, people that work outdoors, etc.
- [Signs of Illness](#) - CDC
- [Heat Index Information](#) - Weather.gov
- [EPA](#)
- [Red Cross](#)
- [Children, Pets, and Vehicle Safety](#) - Weather.gov

## **Cold**

- [General Safety Tips](#) - National Weather Service
- [Indoor Safety](#) - CDC
- [Outdoor Work Safety](#) - OSHA
- [Preparedness Sheet](#) - Ready.gov
- [Frostbite and Hypothermia](#) - Red Cross
- [Power Outage Checklist](#) - Red Cross
- [Heating and Ventilation Safety](#) - EPA

## **Flooding**

- [Resilience Toolkit](#) - Mini PDF library in English and Spanish that includes tip sheets and action plans
- [Flood Safety](#) Before, During, and After - Includes information about how to prevent injuries and protect health
- [Preparedness Sheet](#) - Ready.gov
- [Protective Actions](#) - FEMA
- [National Flood Insurance Program](#)

## **Air Quality**

- [What is AQI and How Do I Stay Safe?](#) - American Lung Association
- [10 Tips to Stay Safe](#) - American Lung Association
- [Air Pollutants](#) - CDC
  - [Particulate Matter Pollution](#) - EPA
  - [Ground Level Ozone](#) - EPA
- [When Should I Wear a Mask?](#) - Parcil Safety